# **DEFINITIONS**

### **Close Contact:**

Any individual who has been within 6 ft. of a person known to have COVID-19 for more than a total of 15 minutes cumulatively is considered a close contact. This includes masked and unmasked encounters. Close contact exposures happen 48 hours prior to the onset of symptoms and continue for 10+ days following symptom onset or a positive test result (for asymptomatic individuals). In sporting events where physical distancing is not possible (i.e. contact sports) then all players who actively participated in the game will be considered close contacts if a player tests positive for COVID-19.



## **Quarantine:**

Separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. In response to COVID-19, any individual who is considered a close contact of someone who has tested positive for COVID-19 should begin quarantine and watch for symptoms. The length of quarantine is a minimum of 7-10 days, depending on test results. If an exposed individual is tested after day 5 of quarantine and receive a negative test result, they can be released after 7 days of quarantine. If the exposed individual is not tested, they must quarantine for 10 days.



### **Isolation:**

Separates sick people with a contagious disease from people who are not sick. In response to COVID-19, any individual with known COVID-19 (or symptomatic and awaiting test results), should quarantine at home and separate from others as much as possible, even in the same household. If possible, this individual should isolate in a separate area of the home and use a separate restroom.



## **Modified Quarantine:**

In specific circumstances in the **school setting**, children may continue to attend class during their quarantine period, despite being identified as a close contact to someone with COVID-19. This modified quarantine only applies to children in the school setting where significant mitigation measures are being met, including both the infected individual and the close contact being masked at the time of contact. During a modified quarantine time, the child may only leave home to go to school. They may not participate in extracurricular activities. Modified quarantine does not apply to the sports setting or any sports facility, so children exposed while participating in an extra-curricular activity will be required to complete The length of quarantine is a minimum of 7-10 days, depending on test results. If the exposed individual is tested after day 5 and receives a negative test result, they can be released after 7 days of quarantine. If the exposed individual not tested, they must quarantine for 10 days.





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